

Getting Ready for School

Term after your 3rd Birthday

It is nearly time to start school!

Here are some things you can practice at home to help you get ready for school.



Playing with Others

Support your child to:

- start following and accepting simple rules
- join groups of children playing
- begin to share and take turns
- participate and help with familiar routines e.g. putting toys away, setting the table



Eating and Drinking

Talk to your child about how to:

- use a spoon to feed themselves
- sit at the table to eat lunch
- drink from an open cup without spilling



Self-Care and Independence

Encourage your child to:

- wash and dry their hands
- use the toilet when they need to
- ask for the toilet using voice, gestures or actions.
- undress self
- pull up own trousers
- put on and take off their coat
- be happy away from Mum, Dad or carer.

Speaking and Listening

Encourage your child to:

- learn songs and rhymes by heart and join in with actions and/or words
- follow simple instructions and familiar routines
- listen to a short story and join in repeated words or phrases
- ask a grown-up for help when needed with words and gestures
- use social words appropriately e.g. hello, bye-bye, please, ta or thank you
- ask questions e.g. What's that? Where is....?

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Literacy Skills

Support your child to:

- hold a pencil to make marks
- enjoy drawing freely
- enjoy sharing books with an adult
- sit and listen to a story
- notice some print in the environment such as the first letter of their name or a familiar logo



Mathematical Skills

Support your child to:

- sing number rhymes and songs
- complete an inset jigsaw
- build with a range of resources
- practice counting up to 5
- notice numbers in the environment



BBC BITESIZE - How to help your child transition from home to school